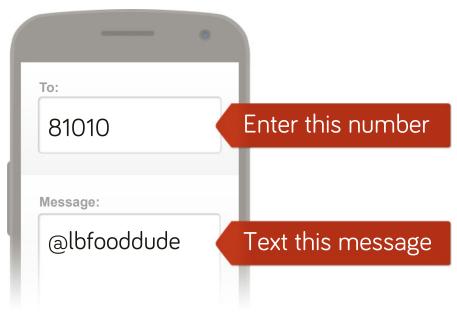
Kamlet would like you to join Food & Nutrition Services, LBPS!



To receive messages via text, text @lbfooddude to 81010. You can opt-out of messages at anytime by replying, 'unsubscribe @lbfooddude'.

Trouble using 81010? Try texting @Ibfooddude to (516) 830-4032 instead.



*Standard text message rates apply.

Or to receive messages via email, send an email to

Ibfooddude@mail.remind.com. To unsubscribe, reply with 'unsubscribe' in the subject line.



WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students & parents. Subscribe by text, email or using the Remind app. All personal information is kept private. Teachers will never see your phone number, nor will you see theirs.

Visit remind.com to learn more.