Long Beach Lacrosse Club 2023 Kindergarten Sessions

The Long Beach Lacrosse Club is looking for Kindergarten aged boys for a series of introduction clinics during the upcoming Lacrosse Season.



The Long Beach Lacrosse Club is run by local parents and offers lacrosse sessions from Kindergarten through 8th grade. Boys and Girls participate in the Nassau County Police Activity League (NCPAL), as well as various lacrosse tournaments.

For a registration fee of \$125, your son will participate in a series of indoor clinics on Wednesday evenings starting in December at the Long Island Sports Complex in Freeport. We will then move to outdoor clinics in the Spring once the weather gets warmer. Likely once a week from mid-March to end of May at the Long Beach Middle School. All participants will receive a Beach Lacrosse practice pinnie.

To register for the Kindergarten Clinics, please go to the below link https://go.teamsnap.com/forms/341133

For questions please reach out to Gerry Donaghy at gdon24@gmail.com

<u>Players must have their own equipment for these sessions</u>: helmet, mouthpiece, shoulder pads, arm pads, gloves, stick.

There are local non-equipment options for those new to lacrosse or those unsure if their son or daughter will enjoy playing lacrosse:

The Long Beach Recreation Department which holds Winter and Spring clinics where they provide equipment: http://longbeachny.gov/rec

Also, the LiL Kids Lax program has local sessions which do not require any equipment: <u>www.lilkidslax.com</u>

Long Beach Lacrosse Club, Inc is a registered section 501(c)(3) nonprofit organization. Our EIN is 01-0797346