RESOURCE LIST FOR COMMUNITY

If you or your child are in immediate crisis:

Emergency Psychiatric Evaluations and Intensive Case Management upon Discharge for children presenting with suicidal thoughts or actions, homicidal thoughts or actions, visual and auditory hallucinations, breaks from reality. Contact the following places and you or your child can receive psychiatric evaluations and therapy if appropriate.

South Nassau Emergency Room - No adolescent Unit
1 Healthy Way
Oceanside 11572
(516) 632-3000

Nassau University Medical Center Emergency Room
2201 Hempstead Turnpike, East Meadow NY 11554
516-572-0123

Zucker Hillside Hospital
75-59 263rd Street, Glen Oaks, NY 11004
718-470-8100

If you cannot transport your child due to fear of safety or child's unwillingness to follow your directives:

Mobile Crisis Unit
(516) 227-8255

They will respond to a school or a home and will make a determination on the spot if hospitalization is needed. They accept insurance as well.
Non-Crisis Counseling and Psychiatric Support

When your child needs support but it is not at the crisis level that requires immediate hospitalization. For example, you believe your child may be suffering from depression or anxiety and may need psychological help or medication management.

**North Shore Child & Family Guidance**
Roslyn Heights
(516) 626-1971
Psychiatric Evaluations, Therapy, Case Management
Takes Insurance Such As Empire Plan

**North Shore Child & Family Guidance**
Roslyn Heights
'Right From The Start' - (Early Childhood Center) for children pre-kindergarten to 4 years old.
GHI and Other Insurance Accepted
(516) 484-3174

**South Shore Child Guidance Center**
91 Guy Lombardo Avenue,
Freeport
Individual/Family Therapy/Substance Abuse
Takes Medicaid and Other Insurances
(516) 868-3030

**New Horizon Counseling Center**
Valley Stream
Takes Medicaid and Other Insurances
(516) 569-6600

**South Nassau Counseling Center**
Baldwin
Dr. Chu, Child Psychiatrist
Empire Plan
(516) 377-5400

**Hicksville Counseling Center**
180 Broadway, 2nd floor
Hicksville, NY 11801
516-935-6858
Full Service Clinic

_Hofstra University Saltzman Center_  
Counseling and Mental Health Professions Clinic  
Assists individuals, couples, and families as they explore and solve problems in a confidential, safe environment. It is our mission to provide high-quality, affordable services to the community in a warm, safe, and professional environment. The CMHP Clinic is comprised of multiple programs in Counseling: Mental Health Counseling, Marriage and Family Therapy, Rehabilitation Counseling, and Creative Arts Therapy.  
Teresa Grella-Hillebrand, M.A., LMFT  
(516) 463-1917

_Hofstra University Saltzman Center_  
Evaluations and psychological services to adults, adolescents, children and families of diverse cultural backgrounds who are having behavioral, emotional, learning or adjustment problems. Emphasis is placed on clarifying problem areas, developing realistic goals and providing active, short-term treatment. The full psychological evaluation consists of a biographical data review, psychological testing and assessment, an interpretive conference and a written report. Psychotherapeutic programs for behavior change include: anger management, stress reduction, parent skills training, marriage and family counseling, and counseling for adults and children who have been abused.  
Joseph Scarapane, Ph.D  
(516) 463-5660

- The following programs are available at Hofstra’s Counseling Clinic
- Anxiety and Depression Treatment Program
- The Phobia and Trauma Clinic
- The Child and Family Trauma Institute
- Institute for the Study and Treatment of Anger and Aggression
- Acceptance and Commitment Therapy Clinic
- Child and Parent Psychotherapy Services Clinic
- Diagnostic and Research Institute for Autism Spectrum Disorders
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*Hicksville Counseling Center*
180 Broadway, 2nd floor
Hicksville, NY 11801
516-935-6858
Bereavement Counseling

Center for Hope
Open-ended groups for children who have lost a parent, sibling and/or caregivers. Eight week
Close ended groups for parents who have lost a child. 1981 Marcus Ave, Suite C125 Lake
Success, NY 11042.
(516) 216-5194
Department of Social Work at (718) 470-3124.

Crisis Hotlines

The following are a list of hotlines with trained staff, available to talk if someone needs crisis
support, a resource, is suicidal or requires immediate assistance.

Long Island Crisis Center Hotline
24/7 Crisis Hotline: (516) 679-1111

National Suicide Prevention Lifeline: (800) 273-TALK (8255)

Huntington Hotline: (631) 549-8700

Adolescent Crisis Intervention and Counseling Hotline: 1-800-999-9999

CHADD-Children and Adults with Attention Deficit/Hyperactivity Disorder 1-800-233-4050

Help Finding a Therapist: 1-800-843-7274

Homeless/Runaway National Hotline: 1-800-621-4000

Marijuana Anonymous: 1-800-766-6779

National STD Hotline: 1-800-227-8922

Domestic Violence, Rape and Sexual Assault

The Safe Center Hotline: http://thesafecenterli.org/client-services/hotline/

Counselors who are trained in the dynamics of domestic violence, rape, sexual assault and crisis
intervention, respond 24 hours a day to the needs of the victim. 516-542-0404

Child Advocacy Center of Nassau County http://thesafecenterli.org/client-services/child-
advocacy-center/ A child friendly environment designed to lessen the trauma of child victims of
sexual assault and to enhance timely treatment and service delivery.
Children's Mental Health Services [http://thesafecenterli.org/client-services/children-mental-health-services/](http://thesafecenterli.org/client-services/children-mental-health-services/) If your baby, child or teen has been affected by sexual abuse, domestic violence or teen dating violence, help is available. All services are free and confidential.

Legal Services [http://thesafecenterli.org/client-services/legal-services/](http://thesafecenterli.org/client-services/legal-services/) Legal staff provides a variety of services in Nassau County Courts to victims of domestic violence, rape/sexual assault, and elder abuse.

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**Children in danger due to Educational Neglect, Sexual, Physical or Emotional Abuse**

*Child Protective Services: 1-800-342-3720*

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**Drug Counseling Hotlines**

*Nassau County Drug Counseling Hotline:*

516-227-TALK (8255)

24/7 hotline for resources related to drug addiction and counseling.

*Marijuana Anonymous*

1800-766-6779

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**Drug Counseling Agencies**

*Long Beach Reach*

2-12 West Park Avenue, Long Beach NY 11561

Outpatient Treatment Program
Outpatient Counseling Center
Court Liaison
Nightwatch
(516) 889-2332

Tempo Group, Inc. - North Merrick Office

1260 Meadowbrook Road
Merrick, NY 11566
(516) 374 – 3671
Substance abuse - alcohol
Substance abuse - rehab
Substance abuse - general
Counseling for children
Suboxone treatment available
Referrals for Men's Groups, Spouse Groups, and Parents of Adolescents

Accepts Child Health Plus
Accepts Medicaid
Accepts most Medicaid managed care.
Accepts Medicare
Sliding fee scale/assistance based on need
No one is denied treatment due to inability to pay

Not-for-profit program providing adolescents and adults with outpatient substance abuse treatment, including prevention, intervention, rehabilitation services, treatment for persons with co-occurring mental and substance abuse disorders.

*Family and Children's Association*
Hempstead Family Treatment and Recovery Center
516-486-7291
516-486-7200

No wait for intake. For clients transitioning from Detox to Rehab: No cost appointment on day of discharge or within 24 hours. Onsite Services Available to All Clients: **Outpatient Chemical Dependency Treatment both in English and Spanish**, Case Management, DWI- Psycho-educational Groups, Individual Therapy, Psychiatric Evaluation and Medication Management, Relapse Prevention, Anger Management, AA and NA meetings, Parenting Education, GED Preparation and Vocational Education, *Near LIRR and all bus routes. Open Monday through Sunday- Metrocards available for clients with Medicaid and financial hardship.*

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<tr>
<th>Social Skills Groups</th>
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<tbody>
<tr>
<td><strong>Peers Groups</strong></td>
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<tr>
<td>Child Study Center</td>
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<tr>
<td>Long Island Campus</td>
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<tr>
<td>1981 Marcus Avenue, Suite C-102</td>
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<tr>
<td>Lake Success, NY 11042</td>
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<td>516-358-1808</td>
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14 week program for 11-17 year old teenagers who want to make and keep friends, may be categorized as having Asperger's, High-Functioning Autism, Social Communication Disorder, Nonverbal Learning Disorder, AD/HD or other social/emotional challenges. Parent participation is required.
Neurologists
Long Island Neurology Consultants
Assessment of AD/HD- Most Insurance Accepted
777 Sunrise Highway, Ste. 200
Lynbrook, NY 11563
516-887-0331